

Puppe Sequences:

Given a space Z and a subspace $A \subseteq Z$,
we can form a sequence of inclusions

$$A \hookrightarrow Z \hookrightarrow Z \cup CA \hookrightarrow (Z \cup CA) \cup CZ \hookrightarrow \dots$$

At each stage, we attach a cone on the subspace
two steps back.

Let $\bar{Z} = Z \cup CA$. Then we can define
this sequence inductively as follows:

$$A_0 = A, \quad Z_0 = Z, \quad \bar{Z}_0 = Z \cup CA.$$

We now set

$$A_i = \bar{Z}_{i-1} \cup C(\bar{Z}_{i-1})$$

$$Z_i = A_i \cup C(\bar{Z}_{i-1})$$

$$\bar{Z}_i = Z_i \cup C(A_i)$$

Inductively, we have inclusions

$$\bar{Z}_{i-1} \hookrightarrow A_i \hookrightarrow Z_i \hookrightarrow \bar{Z}_i$$

so the above expressions make sense.

Claim: If $A \subset Z$ is a CW pair, then $A_i \cong S^i(A)$,

$Z_i \cong S^i(Z)$, and $\bar{Z}_i \cong S^i(Z/A)$. These homotopy equivalences
are natural for maps of pairs.

Proof: When $i=0$, we have $Z \cup CA \xrightarrow{q} Z/A$,
 where q collapses CA to a point. Since $CA \simeq *$,
 q is a homotopy equivalence.

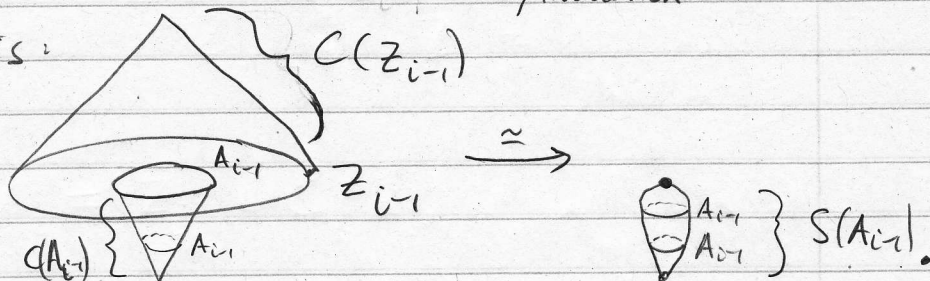
Assuming the result for $i-1$, we have

$$A_i = \bar{Z}_{i-1} \cup C(Z_{i-1}) = (Z_{i-1} \cup C(A_{i-1})) \cup C(Z_{i-1})$$

Collapsing $C(Z_{i-1})$ to a point yields a htpy
 equivalence

$$A_i \xrightarrow{\simeq} S(A_{i-1}) \underset{\substack{\uparrow \\ \text{by induction}}}{\simeq} S(S^{i-1}A) = S^i A.$$

The picture is:



$$\text{Similarly, } Z_i = A_i \cup C(\bar{Z}_{i-1}) = (Z_{i-1} \cup C(A_{i-1})) \cup C(\bar{Z}_{i-1})$$

$$\xrightarrow[\substack{\uparrow \\ \text{collapse } C(\bar{Z}_{i-1})}]{\simeq} S(Z_{i-1}) \simeq S(S^{i-1}Z) = S^i Z$$

$$\text{and } \bar{Z}_i = Z_i \cup C(A_i) = (A_i \cup C(\bar{Z}_{i-1})) \cup C(A_i)$$

$$\xrightarrow[\substack{\uparrow \\ \text{collapse } C(A_i)}]{\simeq} S(\bar{Z}_{i-1}) \simeq S(S^{i-1}Z/A) = S^i(Z/A). \quad \square$$

Note: the basic point here is just that for any spaces
 $U \subseteq W$, $[(W \cup C U) \cup C W] / C W \simeq S U$.